PERSONAL STATEMENT

I am a psychiatrist with fellowship training in child psychiatry and forensic psychiatry on the faculty of Yale’s Division of Law and Psychiatry and the Yale Child Study Center. My clinical and research focus is on developmental disorders, particularly Autism Spectrum Disorder (including Asperger Disorder and Pervasive Developmental Delay), and the assessment and management of problematic behaviors of the type that can lead to legal involvement.

CURRENT POSITIONS

Assistant Professor, Division of Law and Psychiatry, Department of Psychiatry, Yale School of Medicine, New Haven, CT 2013–present

Assistant Professor (secondary), Yale Child Study Center, Yale School of Medicine, New Haven, CT 2013–present

Consulting Forensic Psychiatrist, CT DMHAS, Forensic Services Division, Middletown, CT 2014–present

Director of Psychiatry, Benhaven Agency, New Haven, CT 2016–present

Consultant, Raeger Institute, Amsterdam, Netherlands 2016–present

PREVIOUS POSITIONS


Medical Director, Yale Academic Skills Clinic, New Haven, CT 2014–2016

Consulting Psychiatrist, Young Adult Services, CT DMHAS, Middletown, CT 2013–2014

Medical Director, Yale University Forensic Drug Diversion Program, New Haven, CT 2013–2014

EDUCATION

Degrees

PhD, Yale Graduate School of Arts and Sciences, Department of Investigative Medicine, New Haven, CT 2013
MD, Brown University School of Medicine  
Providence, RI  
2005

BA, Bennington College  
Bennington, VT  
1998

Residency and Fellowship Training

Forensic Psychiatry Fellowship, Department of Psychiatry, Yale University  
2013

Child Psychiatry Fellowship, Solnit Program, Yale Child Study Center  
2011

Adult Psychiatry Residency, Solnit Program, Department of Psychiatry, Yale University  
2010

Certifications and Courses

PCL-R (Psychopathy Checklist – Revised)  
2016

HCR-20 V3 (Historical Clinical Risk Management-20, Version 3)  
2016

fMRI Visiting Fellowship Course, MGH/MIT/HMS Martinos Center for Biomedical Imaging  
2011

Clinical Gait Analysis Course, Center for Motion Analysis, CT Children’s Medical Center  
2008

ADOS (Autism Diagnostic Observation Schedule)  
2007

Post Baccalaureate Pre Medical Certification, Columbia University School of General Studies  
2001

Board Certifications

Board Eligible in Child Psychiatry  
2016

Board Certification in Forensic Psychiatry, American Board of Psychiatry and Neurology  
2015

Board Certification in Psychiatry, American Board of Psychiatry and Neurology  
2013

PUBLICATIONS


Westphal A, Baranoski M. Burden of proof in establishing mental retardation in capital cases. J Am Acad


PRESENTATIONS


for the Treatment of Sex Offenders Annual Meeting. Middletown, CT. 2016


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. University of New Haven; West Haven, CT; 2015.


Westphal A. Autism Spectrum Disorder and Challenging Behaviors. 14th International Conference on the Care and Treatment of Offenders with an Intellectual or Developmental Disability; Leeds, UK; 2015.


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Division of Criminal Justice, CT Judicial Branch; Hartford, CT; 2012.

Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Court Support Services Division, CT Judicial Branch; Wethersfield, CT; 2012.

Westphal A. The Place of Childhood Disintegrative Disorder on the Autism Spectrum. Grand Rounds, University of Connecticut; Farmington, CT; 2012.


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Benhaven School Teacher’s Association; Wallingford, CT; 2012.


Westphal A. Autism Spectrum Disorders and the Criminal Justice System. Greenwich Lecture Series, Yale Child Study Center; Greenwich, CT; 2012.


Westphal A. Autism Spectrum Disorders: Treatment and Research Summary. Foundation School Teacher’s Association; Orange, CT; 2009.


**ABSTRACTS/POSTERS**


Westphal A, Koenig K, Volkmar F. The Clinical Validity of Childhood Disintegrative Disorder. International Meeting for Autism Research; Chicago, IL; 112:051; 2009.


**TEACHING**

Co-Director of the Child Track, Yale Forensic Psychiatry Fellowship  
2016–present

Guest Lecturer, University of New Haven  
2015

Supervising Forensic Psychiatrist, Yale School of Medicine, Department of Law and Psychiatry,  
2015–present

Didactics Contributor, Yale School of Medicine, Department of Law and Psychiatry Fellowship,  
2014–present

Didactics Contributor, Yale Child Study Center, Child Psychiatry Fellowship  
2013–present

Didactics Contributor, Yale School of Medicine, Psychiatry Residency, Forensics Module  
2014–present

Medical Student Interview Tutor, Yale School of Medicine  
2012–present

**FOUNDATION AND GRANT SUPPORT**

Fondation Rumsey Cartier  730025  Anatomical/Functional Brain Characteristics in Subjects With ASD with Intellectual Disability. Role: Principal Investigator: 2012-2018

Simons Foundation  239832  Multimodal Developmental Neurogenetics of SSC Adolescents - Kevin Pelphrey, PhD. Role: Co-Investigator. 2012-2016
NIH/NIMH R01 MH100028  Autism Center of Excellence Network: Multimodal Developmental Neurogenetics of Females with ASD - Kevin Pelphrey, PhD. Role: Co-Investigator. 2012-2016

Alan B. Slifka Foundation 239832  Childhood Disintegrative Disorder: Functional Brain Characteristics. Role: Principal Investigator 2012

Simons Foundation 206929  Investigation of the Etiology of Childhood Disintegrative Disorder - Kevin Pelphrey, PhD. Role: Co-Investigator 2011 – 2013

NIH/NIMH T32 MH018268  Training Program in Childhood Neuropsychiatric Disorders - James Leckman, MD. Role: Trainee 7/1/07 - 6/30/10


AWARDS

Melvin Lewis Award for Excellence in Medical Student Education, Yale Child Study Center 2011

NIH Pediatric Research Loan Repayment Program 2007–2013

AACAP Outstanding Child and Adolescent Psychiatry Award 2009

Excellence in Service Award Child Psychiatry Unit, Yale New Haven Hospital, CT 2007

Christopher Benedick Prize in Child Psychiatry, Bradley Hospital, RI 2005

Community and International Health Institute Film Award, Brown University, RI 2005

Brown University Department of Community Health, Research Award, RI 2004

Brown Medical School Summer Research Assistantship Award 2003

EDITORIAL BOARDS

•  Journal of Autism and Developmental Delays
•  Journal of Intellectual Disability – Diagnosis and Treatment

AD HOC REVIEWER

•  Adolescent Psychiatry
•  Autism
•  Journal of Autism and Developmental Delays
•  Journal of Intellectual Disability – Diagnosis and Treatment
•  Journal of Mental Health Research in Intellectual Disabilities
•  Journal of the American Academy of Psychiatry and the Law
•  Journal of Child and Adolescent Psychopharmacology
•  Journal of the American Academy of Child and Adolescent Psychiatry
•  Australasian Journal of Philosophy
•  Clinical Neuropharmacology
•  Oxford University Press
•  The Harvard Review of Psychiatry
SERVICE

Board Member, Yale Graduate School Alumni Association
2017–present

Co-Executive Fellow, Berkeley College, Yale University
2017–present

Undergraduate Advisor, Berkeley College, Yale University
2017–present

Member, Advisory Committee on Resources for Students and Employees with Disabilities, Yale University
2016–present

Member, Service Subcommittee of the Advisory Committee on Resources for Students and Employees with Disabilities, Yale University
2016–present

Beekeeper, Yale Farm
2016–present

Beekeeper, Westville Community Gardens
2016–present

Member, American Academy of Child and Adolescent Psychiatry, Juveniles and Law Committee
2015–present

Member, Yale Child Study Center, Web and Social Media Committee
2015–present

Member, CT Dept of Social Services, Pharmaceutical and Therapeutics Committee (Governor Appointed)
2015–present

Member, Connecticut Valley Hospital, Forensic Risk Committee
2014–present

Member, History and Arts Committee, Group for the Advancement of Psychiatry
2013–present

Undergraduate Advisor, Trumbull College, Yale University
2014–present

Examiner, Yale Psychiatry Residency Oral Examination
2013–present

Chair, American Academy of Psychiatry and the Law, Chair, Developmental Disabilities Committee
2013–present

Member, American Academy of Psychiatry and the Law, Research Committee
2013–present

Member, Department of Developmental Services, Autism Advisory Council, Services Subcommittee
2013–2015
Member, American Academy of Psychiatry and the Law, Developmental Disabilities Committee
2011–present

Board Member, Benhaven Network, North Haven, CT
2011–present

Fellow, Trumbull College, Yale University, New Haven, CT
2010–present

Medical Student Interview Tutor, Yale School of Medicine, New Haven CT
2010–present

International House Ambassador, New York, NY
2007–2009

Solnit Integrated Adult and Child Psychiatry Program, Admissions Committee, New Haven, CT
2007–2013

Research Assistant, Brown Medical School, Dept. of Psychiatry
2004–2005

Brown Medical School Admissions Committee
2003–2005

Coordinator, Family Advocacy Program of Rhode Island, Providence, RI
2002–2003

Butler Hospital, Psychiatric Assessment Services, Providence, RI
2003–2005

New York Hospital – Cornell, Burn Unit, New York, NY
2000–2001

International House Harlem Tutorial Program, New York, NY
1999–2001

New York Hospital – Columbia, Emergency Room, New York, NY
1999–2000

PROFESSIONAL MEMBERSHIPS

• International Society for Autism Research
• American Academy of Psychiatry and the Law
• American Academy of Child and Adolescent Psychiatry
• International Association for Forensic Psychotherapy
• Group for the Advancement of Psychiatry